

About the NDIS

How to start my NDIS plan



Easy English

Hard words

This factsheet has some hard words.

The first time we write a hard word

- the word is in **blue**
- we will write what the hard word means.

About this factsheet

	
1	_____
2	_____
3	_____
4	_____

This factsheet is about how to start your **National Disability Insurance Scheme** plan.



The National Disability Insurance Scheme is called the NDIS.

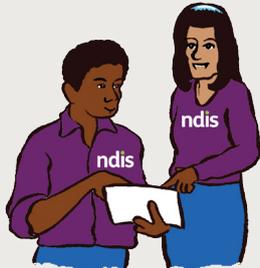
The NDIS helps people under 65 with a disability get



- care
- supports.



When you join the NDIS someone from the **National Disability Insurance Agency** will help you make your first plan.



The National Disability Insurance Agency or NDIA are the people that manage the NDIS.

ndis	
1	_____
2	_____
3	_____
4	_____



When you and the NDIS say **yes** to your plan you can make it happen.

Who can help to make my plan happen?



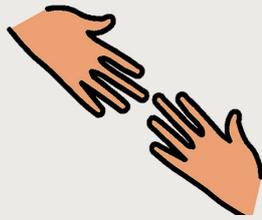
ndis	
1	_____
2	_____
3	_____
4	_____

If you have chosen to manage your own plan you can find your own services and supports.

ndis	
<input checked="" type="checkbox"/>	_____

You can use the NDIA checklist to help make your plan happen.





If you need help to manage your plan you can get help from different people.

These people are called

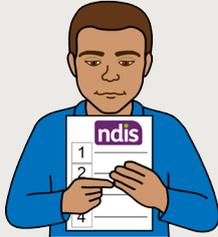


- a Local Area Coordinator
- a Support Coordinator
- an Early Childhood Partner.



How can I get started with my NDIS plan?

Know your plan



You should read and understand your plan.

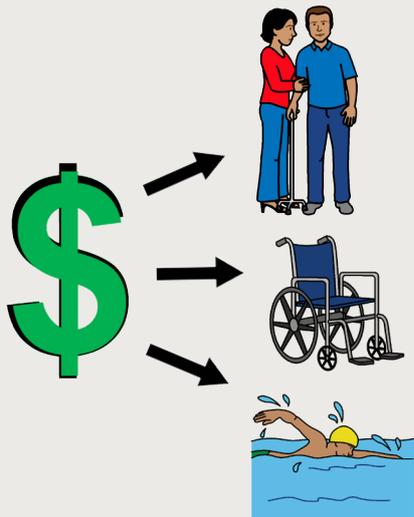
Your plan has information about



- your supports



- how your supports will be paid



- your **budget**. Budget means the amount of money you get for the supports in your plan.

You can choose how to spend your budget so you can live the life you want.

Activate myplace



myplace is a NDIS participant website. You can see your NDIS plan on myplace.



You must **activate** myplace to start your NDIS plan. Activate means to get started on the myplace website.



You can find a step-by-step guide to help you activate myplace at this website

<https://www.ndis.gov.au/participant-portal-user-guide>

You can get help to do this from someone you trust. For example



- a family member



- a friend
- a carer.

Who can help me start my plan?



You can get help to start your plan from a

- Local Area Coordinator

or

- Support Coordinator

or

- Early Childhood Partner.

You can talk to them



- on the phone

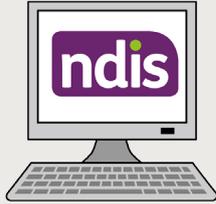
or



- in a meeting.



More information



Go to our website

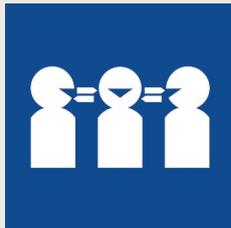
www.ndis.gov.au



Call 1800 800 110

Monday to Friday

8 am to 11 pm



Telephone Interpreting Service

131 450



TTY users

1800 555 677 then ask for 1800 800 110



Speak and listen users

1800 555 727 then ask for 1800 555 727

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Scope's Communication and Inclusion Resource Centre wrote the Easy English. March 2017 www.scopeaust.org.au.

To see the original contact The National Disability Insurance Agency.

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